

LYNE



Contour

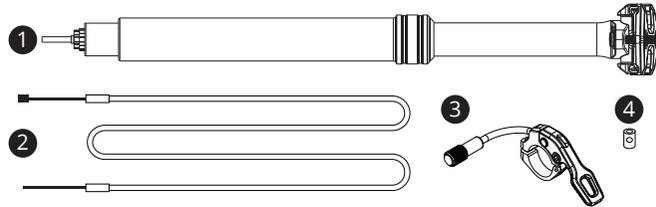
DROPPER POST SERIES- OWNERS MANUAL

Internally routed & externally routed versions

INTRODUCTION

The Lyné Contour is an adjustable seatpost that allows riders to adjust their saddle height remotely. This is a high quality product that has undergone rigorous testing and complies with ISO and EN standards. The result is a robust design with very little head play.

PACKAGE CONTENTS



- 1 Dropper Seatpost
- 2 Cable- inner & housing (regular shifter housing and inner)
- 3 Remote Lever Assembly
- 4 Cable End Nut

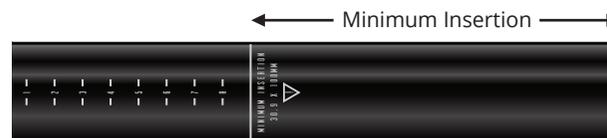
IMPORTANT NOTES BEFORE INSTALLATION

Ensure that you have chosen the correct seatpost diameter for your bicycle frame. Do not use a seatpost reducer shim with this seatpost, this will void your warranty and could cause damage to your dropper post and/or your frame.

If you have chosen an internally routed seatpost then you must ensure that the bicycle frame has internal dropper post routing. Do not attempt to modify your frame to allow internal routing, doing so may cause frame failure which could result in injury or death and could void your frame warranty.

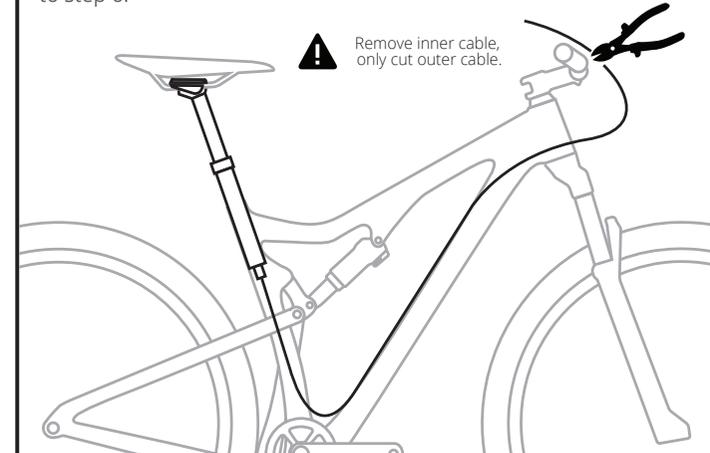
Please ensure you have the correct travel dropper post for your frame and seatpost extension combination, check lynecomponents.com for more info.

Ensure that the seatpost is inserted past the minimum insertion line. Recommended seatpost clamp torque is 8-10Nm, do not exceed this torque.

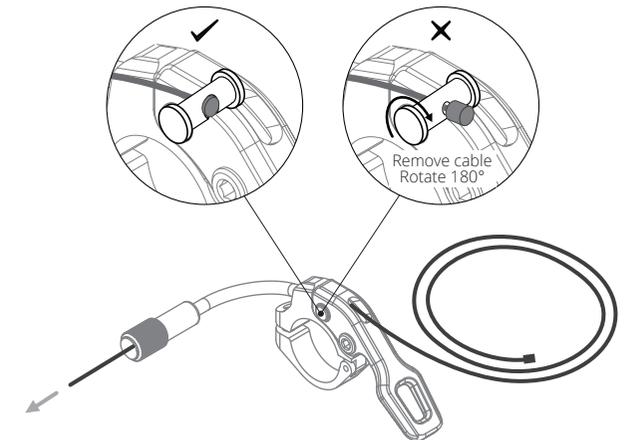


INSTALLATION

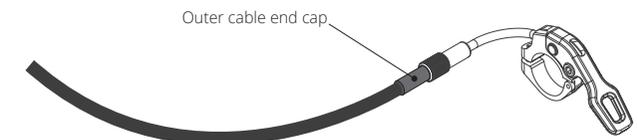
Step 1. Measure the length of the cable outer housing from the dropper post (in its final position) to the selected position of the remote lever. Use sharp side cutters to cut the cable outer to length, make sure to cut only the outer cable and not the inner at this point. Leave enough cable at the handlebars to allow for a full 180° of movement without restriction. If you are using an external dropper post and the standard length suits your frame then please proceed to step 6.



Step 2. Thread the inner cable into the lever assembly. Ensure the hole in the lever puller pin is orientated correctly and the cable end is pulled into the recess in the lever puller pin, see the diagram below.

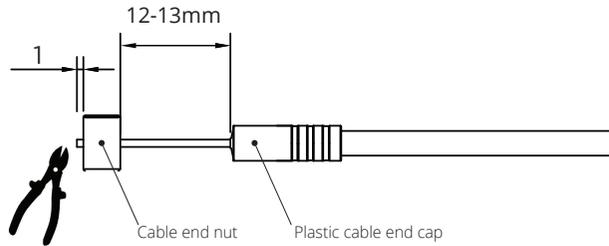


Step 3. Ensure the plastic end caps have been replaced on the outer cable then thread the inner cable into the outer cable.

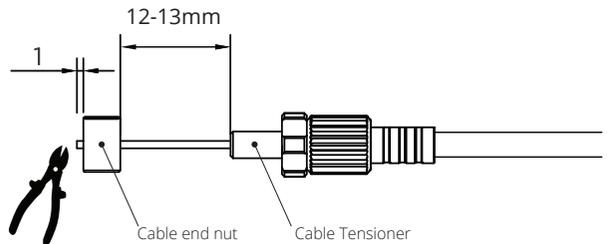


INSTALLATION (CONTINUED)

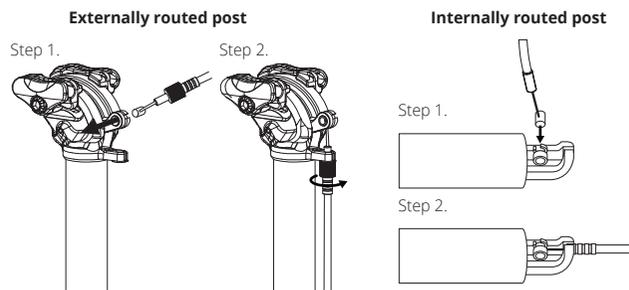
Step 4 (internal version). Insert the inner cable through the cable end nut. Position the cable end nut 12-13mm away from the plastic cable end cap. Using a 2mm allen key tighten the cable end nut grub screw to clamp the inner cable. Use sharp side cutters or cable cutters to trim the remaining inner cable 1mm away from the cable end nut



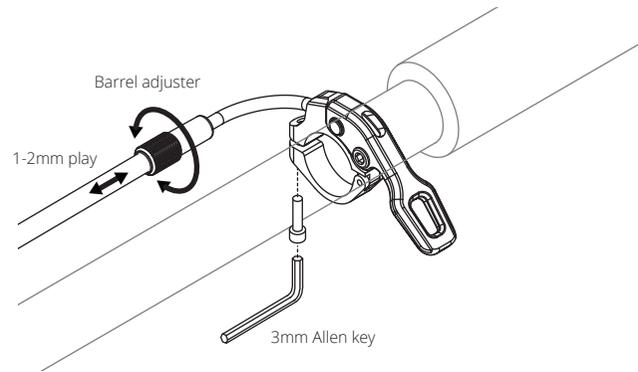
Step 4 (External version). Insert the inner cable through the cable end nut and the cable tensioner. Position the cable end nut 12-13mm away from the cable tensioner. Using a 2mm allen key tighten the cable end nut grub screw to clamp the inner cable. Use sharp side cutters or cable cutters to trim the remaining inner cable 1mm away from the cable end nut



Step 5. Attach the cable end nut to the dropper post by sliding it in to the allocated slot on the dropper post. For internal dropper posts the cable outer simply fits in to the recess (see diagram). For external droppers the cable tensioner must be screwed in, and then tension in the cable must be adjusted. Ensure that there is around 1mm of play in the cable.



Step 6. Attach the remote lever to the handlebar, position this close enough to the handlebar grip that the riders thumb can press the lever. Once the lever is attached securely the cable tension must be adjusted. This can be done by using barrel adjuster. The cable should have 1-2mm of play and should not be under tension. If tension is too high the dropper post may actuate unintentionally.

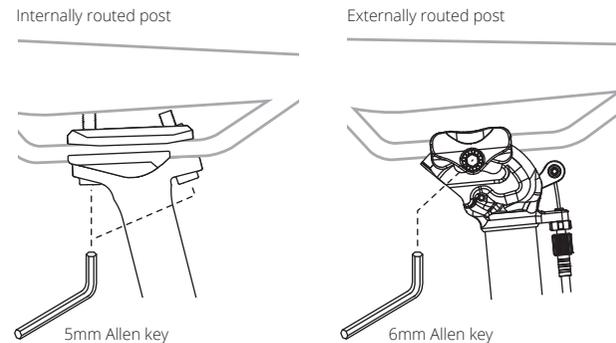


Step 7. Cable tie your dropper post outer cable to the frame wherever necessary. Do not leave loose cables that could interfere with moving parts.

Step 8. Install the saddle.

Internally routed post - loosen both clamp bolts until the gap between the plates becomes big enough to insert the saddle rails. Position the saddle correctly in the clamp and tighten the bolt, adjust the bolts independently to level the saddle.

Externally routed post - loosen clamp bolt until the gap between the plates becomes big enough to insert the saddle rails. Adjust the saddle until it is level and positioned correctly and tighten the clamp bolt.



WARNING

Do not ride the bike aggressively until you are sure that the dropper post has been properly installed and all bolts are securely fastened on the saddle clamp and the seatpost clamp.

OPERATING THE DROPPER POST

The Contour post is designed to allow the rider to adjust the saddle height on the fly by simply pressing the remote lever.

To lower the seatpost- Sit on the saddle. Push and hold the remote lever in the down position. The saddle should now drop in to a lower position. Release the lever when the desired height is found. The saddle will now stay in this position

To raise the seatpost- Stand up on the pedals or dismount the bike. Push and hold the remote lever in the down position. The saddle should rise up and stop rising when in its highest position. Now release the lever.

MAINTENANCE

Routine maintenance of the seatpost will provide years of trouble-free performance. Before and after every ride the stanchion (shiny shaft) of the dropper post should be cleaned of any dirt and debris. Ensure that nothing gets in the way of the dropper post during operation, if the stanchion is scratched or damaged the dropper post function could be affected.

WARNING

- If the frame seat tube diameter and dropper post diameter are mismatched it could lead to post slippage or failure which could cause personal injury or death.
- The Saddle rises swiftly when the lever is pushed. Always ensure nothing is in the way of the saddle during the operation of the post as this could cause injury.
- Keep away from mud and water, when storing for long period ensure the dropper post is kept upright.
- Do not attempt to disassemble the dropper post in any way. Some mechanisms are under pressure and could cause severe personal injury if tampered with.
- Do not loosen the top cap of the post. Ensure that it stays tight at all times.
- Do not exceed torque recommendations on any bolts, this could damage your seatpost.
- If you are not an experienced bike mechanic then please take your seatpost to your local bike store for installation.

WARRANTY

This seatpost is warranted for a period of 2 years from the date of purchase against defects in workmanship. The warranty is expressly limited to the repair or replacement of the defective part at Lyne Components option and is the sole remedy of the warranty. The warranty applies only to the original owner and is not transferable. Proof of purchase is required to validate warranty eligibility. The warranty does not cover normal wear and tear, routine maintenance, improper installation or improper use of the seat post. Modification of the post in any manner will void the warranty. Lyne components will not be responsible for incidental or individual costs incurred that are not covered by this warranty. The user assumes the risk of any personal injury or property damage, including damage to the seatpost and any other losses.